



## Chinese New Year

*2020 marks the year of the rat and to celebrate Chinese New Year, Charlton Triangle Homes hosted an event at our New Leaf Community Café.*

Local residents and staff had great fun learning how to use chopsticks, before putting their new skills to the test to sample a variety of tasty canapes. This was followed by a noodle cooking workshop, which after, was served up for all to eat.

The younger members of our community also enjoyed an afternoon of celebration as the Charlton Family Centre put on an afternoon of activity.

Decorated with Chinese lanterns and dinnerware, the children had fun dressing up and wearing the dragon head, as well as feasting on noodles and prawn crackers. Charlton Triangle Homes also gifted each child a lucky money envelope.

The events were enjoyed by all, and is a great way for everyone to come together and celebrate our diverse communities.

## Get Active with GLL Sport

Have a group of friends who are keen to get active together but not sure where to start?

GLL Sport development are keen to support community groups or individuals who can work with us to get your community active.

We would like to talk with local community members who have an idea of how we can get the community active. Whether it's starting weekly keep fit sessions for local mums or table tennis sessions with friends from your block.

We are interested in discussing how we can work together to get these programmes started.

Physical activity can benefit in so many ways both physical and mentally, but we also recognise that working together as a community can reduce antisocial behaviour, reduce loneliness for elderly and reduce stigma.

Please contact us with any ideas at [RBGSportdevelopment@gll.org](mailto:RBGSportdevelopment@gll.org)

Alternatively, if you are a female aged 11-18yrs Come and meet us on Friday 21st February at Langhorne House from 12.00 – 13.00 - food and refreshments provided! We are looking at providing some activities over the summer specifically for girls. Share your views and help us shape the Summer Programme.



### Looking for work?

The employment team can help support you into paid or voluntary work, support you with IT and digital skills, help you with your CV and help you look for and apply for jobs. Even if you are not looking for work now but would like help to plan ahead, you can contact the team on 0208 319 8416.

### Volunteers Needed

We have a small number of volunteering opportunities currently available.

1. Charlton Triangle Homes is seeking a Volunteer IT Trainer provide training

## Meet Your Board

Is there anything you would like to discuss with a Board member?

On the 12th of February, Board members will be available to from 6.00-6.45pm at Flat 8, Valiant House. If you have any questions, queries or would just like to meet and get to know them then please come along.

Drop-in sessions will be held regularly, so please check the Charlton Triangle Homes website for future dates.

## Youth Forum

Are you a Charlton Triangle Homes resident aged 12-17? We want to hear from you.

We are looking for 8-10 young people to join a Charlton Triangle Homes youth forum to help you have a say about the youth services we provide.

If you are interested in having your say, please contact Jasmin Thompson on 020 8319 9254 or by email at [jasmin.thompson@peabody.org.uk](mailto:jasmin.thompson@peabody.org.uk)

## Charlton Family Centre News

The Family Centre still have some funded childcare places available at the centre. The high quality, fun and affordable pre-school is located in Shirley House Drive and rated GOOD by Ofsted.

support to older people and other target groups who are interested in learning about using the computer / internet. The Volunteer IT Trainer will prepare and deliver basic IT sessions to small groups of the local community from an IT suite. Training sessions will include opening and saving documents, searching the internet, printing and setting up email and other accounts online. If you are interested please contact Louise on [louise.partridge@peabody.org.uk](mailto:louise.partridge@peabody.org.uk)

2. Charlton Triangle Homes is seeking a Volunteer Receptionist to support the Customer Services Team 1 or 2 days per week. This is a customer facing role and general duties will include: handling telephone calls, raising repairs and administration work. If you are interested please contact Tracey on [tracey.kirby@peabody.org.uk](mailto:tracey.kirby@peabody.org.uk)

There are currently funded places for eligible two, three and four year olds. Get in touch to arrange a visit or discuss your child's needs on 0208 856 9906 or email [marcia.cameron@eyalliance.org.uk](mailto:marcia.cameron@eyalliance.org.uk).

The Early Years Alliance also offer voluntary childcare work experience opportunities. Every volunteer receives five weeks free specialist training, lunch, free creche, CPD-certificate, free DBS and references. Please call Chris on 0208 695 5955 or email [Volunteer.supportofficer@eyalliance.org.uk](mailto:Volunteer.supportofficer@eyalliance.org.uk) to find out more about how you can re-train and learn new skills.

Finally ( but not least!), if you're an expectant or new mum or dad with a baby aged up to around 5 months, join the Family Centre at their Baby Shower event. It's happening at the Centre on Friday, 28 February 2020 at 2pm. Everyone who attends will receive free refreshments, gift bags and baby massage. Limited places available so best to book early. Please also contact Marcia to find out more.'

### DATES FOR YOUR DIARY:

#### Safer Neighbourhood drop-in sessions:

Wednesday 19th of February  
1.00pm – 2.00pm

Tuesday 17th of March  
12.00pm – 1.00pm

### 3 C's Drop-in

Fancy a Cuppa, Cake and a Chat? Pop in to the New Leaf Café on Fridays between 1.30- 3.00pm.

Everyone is welcome, you can talk about anything that you feel is important to you or is troubling you. If we are unable to help we will point you in the right direction. If you just need to get out of the house for a while just pop along and enjoy the tea and cake, chat and meet new friends. This could be your first step to making positive change! If you have any question feel free to contact Lisa on 0203 7708652.

Tel: 020 8319 8870 [www.charltontriangle.org.uk](http://www.charltontriangle.org.uk)

Charlton Triangle Homes, 9-10 Cedar Court, Fairlawn, Charlton SE7 7EH

### Opening hours:

Monday - Friday 9.00am - 5.00pm;  
Closed on Wednesdays from 2.00 - 3.30pm

Translation Service Available  
Wettons New Number: 0208 293 9569

